

台灣女性自我意識與身體展演方式—以肚皮舞為例

Taiwanese Female's Self-consciousness and the Way to Show Their Body—An Example of Belly Dance

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近年來，國內女性的自我意識漸漸抬頭，相較於過去，在對自己身體意象的營造方式上擁有越來越多的自主權，凡舉吃的、喝的、以及各式各樣的運動等等，都讓現今的女性能更輕易的掌控自己的身體意象，甚至依據對自我的期望達到一定程度的身體解放。

在這一波波的熱潮當中，有越來越多的女性選擇以學習肚皮舞自我身體意象的營造及展演方式。肚皮舞是中東地區一古老傳統舞蹈，由於年代久遠，詳細發展過程已不可考，但從現存的幾種說法當中都可以發現肚皮舞的作用是在取悅觀眾——神明或是君主，因此當中的各種舞蹈動作其實都是有相當程度的挑逗意味的，這樣的舞蹈對於深受儒家傳統文化影響，民風相對飽受手的台灣，理應是會造成一股衝擊的，但是肚皮舞在台灣女性之間的接受程度卻出人意料的高。針對這樣一個有趣而且不容忽視的現象，國內與肚皮舞相關的研究文獻及資料卻相當稀少，即使有零星的幾篇，也多為介紹舞蹈的起源與發展，並未針對肚皮舞對台灣社會造成的影響作更進一步深入的探討。

本研究將以性別的角度切入，以田野調查搭配深度訪談進行，看學習肚皮舞的台灣女性對自我身體意識及認同為何、其男性伴侶對於他們這樣的習舞歷程又有何看法，以及了解學習肚皮舞的台灣女性對於自我認同、自體意象與營造，甚至是性別認同，在現今台灣社會麥洛下的發展情況，並更進一步探討肚皮舞對台灣現有的兩性親密關係是否造成影響。

In recent years, female self-consciousness began to rise gradually in our country, women have more and more right of shaping their own body image, when comparing with the past. At the same time, there appeared all kinds of managing and drinks, cosmetics and various kinds of sport, allow the contemporary female to be able to certain degree of body liberation according to their self- expectation. In the head of this trend, there are more and more female choose taking belly dance class as the means to make change and to show to demonstrate herself. Belly dancing is an ancient traditional dance popular in the Middle East area, and was deeply influenced by the local cultural and history development process. There are certain degrees of passion and even sexual incitation implication in the

choreographic movement. Such a dance naturally should formed an impact in the relatively conservative folk-custom in Taiwan, and yet its acceptability is rather high among female.

This thesis entered from the angel of gender study, using the technique of field investigation and interviews in depth, thus to show what is really like regarding their own body consciousness and gender identity of those female who takes belly dancing classes, what their male partner would think about such a dance learning process, and to understand the development of the gender identity, body image and body managing and shaping of those female in the present Taiwan society context, and to discuss further whether belly dance has influenced the intimacy of female in present day Taiwan.